



St. Anne's School

Supporting your Childs Learning from Home

It is the hope of the teachers in St. Anne's to offer educational support to you for your children at this time over the next week or so. We understand it is difficult for you and them not to attend school, we also know it can be difficult to focus on work that is typically done in school. Teachers came up with suggestions as to how we may support with this and we looked at educational resources, websites etc that are used in school to support the curriculum. We hope that they may be of some benefit to you.

So much of our curriculum content is delivered on an individualised basis through adapted teacher made tasks it can be difficult to provide absolutely for each child within this forum. However we hope that you may find some of the following links useful for some of the day. We would advise that as far as possible you adhere to the communication system your child is used to. You could make links with the appropriate therapist from your Network Disability Team for advice on this.

Starting out.....

It is important to keep some structure in your child's day and week. The weekends should be identifiable as being "different" and this will help when school resumes. You may get ideas about the importance of structure from the following website

<https://handsonaswegrow.com/routines-important-kids/>

Life Skills.....

Hand washing - This is probably the most important skill you can teach your child right now



Parents should encourage the continuing development of this particular life skill and you can download a free poster here - <https://bit.ly/38QcUIh> - (Prime Ed, Lets Wash our Hands Poster free download). Please check out our Home Economics Teacher, Mary Mahers video on <https://youtu.be/HKt4uNbKqbM>

Keep it simple!

Even though it is important to continue as far as possible with your child's education and learning, much can be achieved through involving your child as fully as possible with the everyday activities of your house and family

Dressing and undressing - Teach and reinforce this valuable life skill, how to take off/ put on items of clothing. Remember to name articles of clothes and describe what is being done e.g. putting on your shoes, fastening your buttons, zipping your jacket. It doesn't take long and is part of their everyday activities. It can reinforce independence and encourage communication.

Setting the table - basic skills like setting the table incorporates so many maths skills such as counting, one to one correspondence, sorting and matching. Also responding to mathematical problems such as how many cups, knives, forks etc. Explore the concept of more of, less than

Making food - helping to make their own lunch or just making a choice as to what they would like to eat or to prepare. It can be as simple as selecting their favourite yoghurt, peeling a banana or making a sandwich. Just as long as they are involved, make choices and enjoy the end product.

Every child loves the aromas, the sensations even the noises involved in basic cookery – get out the mixing bowl and make rice crispy buns or simple cakes etc.

Cleaning up – who doesn't like water play! Plenty of clean soapy water to wash the dishes after cooking (no knives mind you) or if your child is too big for this just encourage him/her to fill the dish washer and set to the right setting. It will also have to be emptied when it is finished. At this stage cleaning work tops and tables is important too. Other tidying up activities could be sorting laundry and tidying up all the toys.

Every opportunity can be used as a teaching experience. There are more ideas for young children on the following website:

<https://handsonaswegrow.com/parenting-is-childs-play-life-skills/>

Getting out and About..... when you can

Exercise is also very important for our pupils during this period of uncertainty. Get out as much as you safely can.

Go for nature walks and talk about sounds, colours, things you see. Get your child involved in his/her surroundings.



If you can't get out and about there are some lovely activities on the following websites that you both might enjoy. Explore them and find one that you can both enjoy or involve the whole family. We use them at school and the children love them – keep them active!

Activities for Developing Gross motor skills

<https://www.youtube.com/watch?v=Z5VMThf0sM4>

<https://www.youtube.com/watch?v=oejgTGo-BCc>

<https://eliteclubs.com/kid-exercise-videos/>

<hyyps://www.learningstationmusic.com/>

<file:///C:/Users/PrincipalStAnnes/AppData/Local/Microsoft/Windows/INetCache/Content.Outlook/5JEFU2S2/gross-motor-skills-pack.pdf>

<https://www.3dinosaurs.com/>

<https://www.bbc.co.uk/radio/play/p03q0cf7>

Curriculum based activities

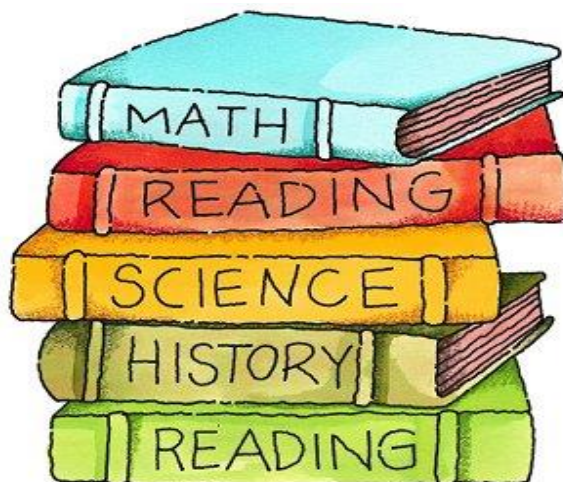


Table top activities are an important part of your child's school day. It helps them to concentrate, to learn to focus on and enjoy completing different tasks. It instils a sense of achievement and is very rewarding.

We are not suggesting that you organise an entire school day for your child, rather that you select some of the following activities to do with him/her. Get everyone in the family involved and see what you can achieve together. It's just as important to have fun and work together as it is about completing activities and succeeding.

We have organised the following websites under curriculum areas. Please dip in and out of them to keep your child interested and engaged.

<https://www.jumpstart.com/>

General educational activities

Language and Communication

LAMH is used throughout school and may be the recommended communication system for your child. It is worth checking out their website:

<https://www.lamh.org/>

They have some signs and songs through sign on the website that might be useful for you to take part in with your child. You can also follow LAMH on Instagram, they add/teach new signs all the time that are relevant to current events. Lamh are also giving free membership and access to all the online Lamh signs until May 31st. To access please go to:

www.lamhsigns.org

Click on apply for membership

The code is 'lovelamh'

Enter your name and email.



There are also some great videos on <https://www.wowenglish.com/en/the-wow-method/>

Developing Listening and speaking skills.....

<http://learnenglishteens.britishcouncil.org>

<https://learnenglishkids.britishcouncil.org>

<https://learnenglish.britishcouncil.org>

Reading

Reading is a very sociable activity and anyone can share this experience with your child. It can be looking at picture books, enjoying the sound and feel of turning the pages, listening to poems and stories or reading to a brother or sister – maybe with a bit of help. Practice at reading is very important for young children, try to keep this up at whatever level you are able to.

<http://www.bagbooks.org/>

Multi-sensory Stories. Registration required to access books. Some basic resources will need to be provided by families

<https://www.teachyourmonstertoread.com/>

<https://www.phonicshero.com/>

Writing

Mark making is the very beginning of the process that leads to writing and starts at a very early age. It can be a finger print in sand, flour, play dough or shaving foam. Any material

that can be manipulated will work. Give your child every opportunity to have fun in this way, it helps to develop fine motor skills, dexterity and confidence in their ability to make marks. Encourage your child to use other implements to make marks e.g. sponges, spoons, short sticks or whatever you have to hand. Add food colouring for different effects. Please ensure that everything used is safe for your child to put in their mouth as this is more than likely to happen.

<http://www.infanteducation.ie/infanted-blog/mark-making-matters>

For more advanced writing exercises please check the following sites for resources

<https://www.twinkl.ie/resource/roi-c-119-junior-infants-starting-school-pre-writing-resource-pack>

<https://www.worksheetworks.com/english/writing/handwriting/handwriting-print-copy-old.html>

<http://www.handwritingworksheets.com/>

BBC Dance Mat Typing

Numeracy

Numbers, shapes, patterns and sequences are everywhere you look and are in every aspect of daily living. See how many opportunities there are during the day to explore all these concepts and talk about them. Of course everyone loves handling and spending money and you don't have to go to the shop to experience this. Set up a play shop at home, use real money and practice buying and selling.

If you like a greater challenge please check out the following web sites:

<http://www.teachingmoney.co.uk/eurosite/euroindex.html>

https://ie.ixl.com/?partner=google&campaign=9505102506&adGroup=100736998710&gclid=EAIAIQobChMli62jre2m6AIVFuDtCh0Q6QLpEAEYASAAEgL1_PD_BwE

<https://ie.ixl.com/math/jr-infants/learn-to-count-up-to-3>

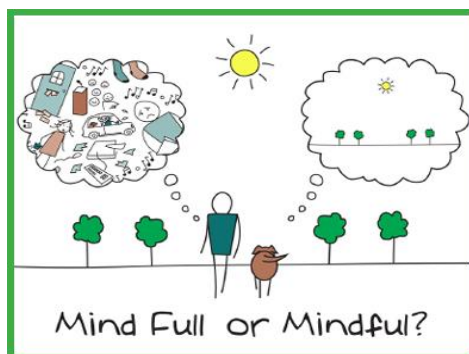
<https://www.sess.ie/resources/curricular/special-education-support-services-resources-maths>

Science

Have fun trying the experiments on this site.

<http://www.lovemyscience.com/floatorsinkexercise.html>

Mindfulness, wellbeing



Everyone needs to relax and to look after themselves and it's just as important for families.

<https://mindup.org/mindup-for-parents/>

cosmic kids zen den

<https://tacpac.co.uk/>

Parents who wish to use this site for their child can email office@stannesthecurragh.ie for St. Anne's exclusive log on information and password to let you gain access. Some basic resources will need to be provided by families to complete activities. TacPac are offering Set 5 free for parents to access for three months

Fablefy

Meditation, wellbeing for children

Songs and Music

The Singing Walrus

Super Simple Songs

The Learning Station

movement and music

www.youtube.com ; five senses song,

SPHE

www.youtube.com ; feelings and emotions

SPHE

Home Economics

If any parents want to cook with their children who are in senior school, Mary Maher, our home economics teacher, has offered to email the pictorial recipes used in class to any parent who is interested. These can be printed off for use and all the pupils are familiar with

them. Please contact the school on office@stannesthecurragh.ie and Mary will make contact with you. Meanwhile please check out this site: <https://www.foodafactoflife.org.uk/>

Graduating Students 2020

We are inviting those students who are graduating, along with their families, to compile a selection of photographs reflecting their personal milestones. These can also be of their favourite personal and family memories. Ideally they could be scanned and stored on a USB memory stick or emailed to school at office@stannesthecurragh.ie. They are an important and integral part of our Graduation Ceremony. Have a discussion of the events and memories the photos generate – they are a big part of the graduates history and journey to get to this special celebration.

Network Disability Team

We are just one part of the team around your child, the roles of the clinicians are equally important at this time. Please keep in contact with them for added support and also to get suggestions on how to adapt specific Sensory, Behavioural and Communication programmes for home.

And finally.....

We do not expect you to replicate what goes on in school, we hope that our suggestions may help you to positively fill your child's day in a meaningful way until we are able to reopen school and resume our teaching.